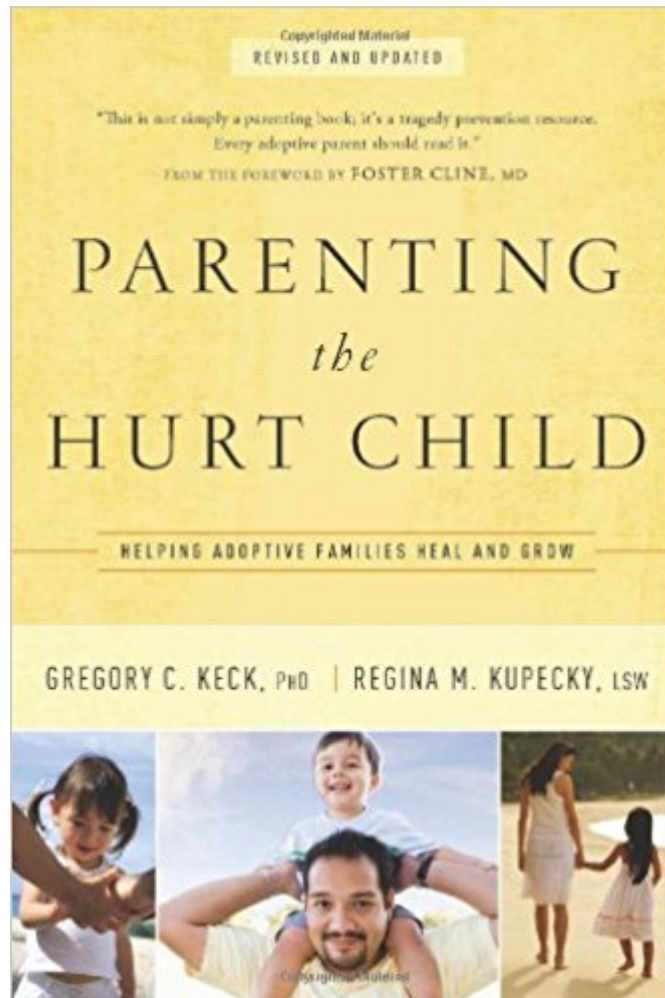




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# Parenting The Hurt Child: Helping Adoptive Families Heal And Grow



## Synopsis

The world is full of hurt children, and bringing one into your home can quickly derail the easy family life you once knew. Get effective suggestions, wisdom, and advice to parent the hurt child in your life. The best hope for tragedy prevention is knowledge! Updated and revised.

## Book Information

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## Customer Reviews

In this sequel to their *Adopting the Hurt Child* (1998), Keck and Kupecky explore how parents can help adopted or foster children who have suffered neglect or abuse. They begin by outlining changes in adoption and fostering procedures in recent years and use case studies to document the friction and disruption introduced into a household when a hurt, adopted child is brought into the family. The authors examine attachment disorders and control issues as well as parenting techniques that work (praise, consistency, flexibility, anger management) and those that don't work (punishment, withholding parental love, grounding, time-outs, deprivation). They highlight the symptoms of abuse and options for therapy. Foster or adoptive parents need to claim the role of parent in the child's life, the authors advise, suggesting ways to deal with teachers and other authority figures in the child's life. The book includes a variety of resources on, among other topics, finance, therapy for siblings and parents, cultural differences, and marriage counseling. Vanessa Bush

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Sadly, the world is full of children who have been hurt by someone they should have been able to

trust. If you've chosen to bring one of these children into your family, you likely have hopes, dreams, and images of success—dreams and images that might now look dark and hopeless. In this updated and revised sequel to *Adopting the Hurt Child*, authors Gregory C. Keck and Regina M. Kupecky share valuable suggestions to help your hurt child heal, grow, and develop. You'll learn what works and what doesn't, as well as hear stories from those who have been there. The best hope for parenting a hurt child is knowledge. Get started here.

This book was extremely helpful. I changed many of my parenting practices after reading it and our home is so much happier now. I think anyone considering adoption or hoping to be foster parents should read this book. It would make a very nice gift. I plan to read it several more times as my children grow. I recommend family and friends who want to best support adoptive/foster parents read this too.

A year ago my husband and I adopted three sisters from foster care. Before they came home I stumbled upon this book and read it along with the book *Adopting the Hurt Child* and I'm so glad that my husband and I read it because it was so helpful and so many times we said "Oh, this is what they were talking about." We have a better understanding of what our girls need from us and hope that there are other people out there going through the same thing and our children can heal and bond. Adopting three children with reactive attachment disorder at ages 5, 7, and 9 is the by far most challenging and heart breaking experience of my life. Every day is hard and any resource that is available is so helpful. If you only read the last chapter on the success stories it's worth it right there, I've read those stories so many times I think I can recite it from memory. Please read this book, it's life changing.

Overall this is a good introduction to children with attachment issues and other trauma-based problems, but the book needed more specific examples. There were lots of examples from parents and therapists of specific problems with children, but after reading the paragraph examples, I was left wondering, "Okay, now what happened? How was this resolved?" These examples needed more details. The book also had a lot of references to the therapy program and center that the author runs. At times, the book was a bit too much like a commercial for the program.

Read this book it's been super helpful with challenging kiddos.

We've read many books but none of them come close to Parenting the Hurt Child. Well written with positive techniques and principles to help the foster or adoptive parent. Other books just said what problems to expect. This book explained how to solve them. Very highly recommended.

Big yes for adoptive parents, caseworkers for adoption agencies or CPS!! Big yes for us having adopted from China. Must read for adoptive parents. Great examples of children and emotional state from placements and orphanage care. Get it! Good tools for parents.

My son is 11 years-old, but he came to live with us when he was 2 years 9 months after living in 4 different foster homes. I wish that I had read this book when he was younger. It really helped me to understand what he has been through and to see things through his eyes. I am thinking about buying multiple copies and distributing them at our local National Adoption Day. At a recent team meeting for my son at his school, I shared the book with his teachers, the school adjustment counselor and the principal. It not only helps to provide an understanding of the child, but it offers practical tips for home and school. There are also writings within the book from adoptive parents and adopted children. It really covers all perspectives in a comprehensive way. As adoptive parents we like to think that we can fix everything with love and care. This book helps parents to set realistic goals and to appreciate every baby step that their child takes in the long process of healing.

Adopting a child is a lot different from birth children. We had 4 "homegrown" kids when we decided to adopt through our local foster care system. Confidence in our parenting skills soon began to be fade as one heart-breaking trauma led into another. I wished we would've read this book many years ago.

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